

THUMB SUCKING/PACIFIER USE BEYOND AGE 2-3

Increase Risk of Infections

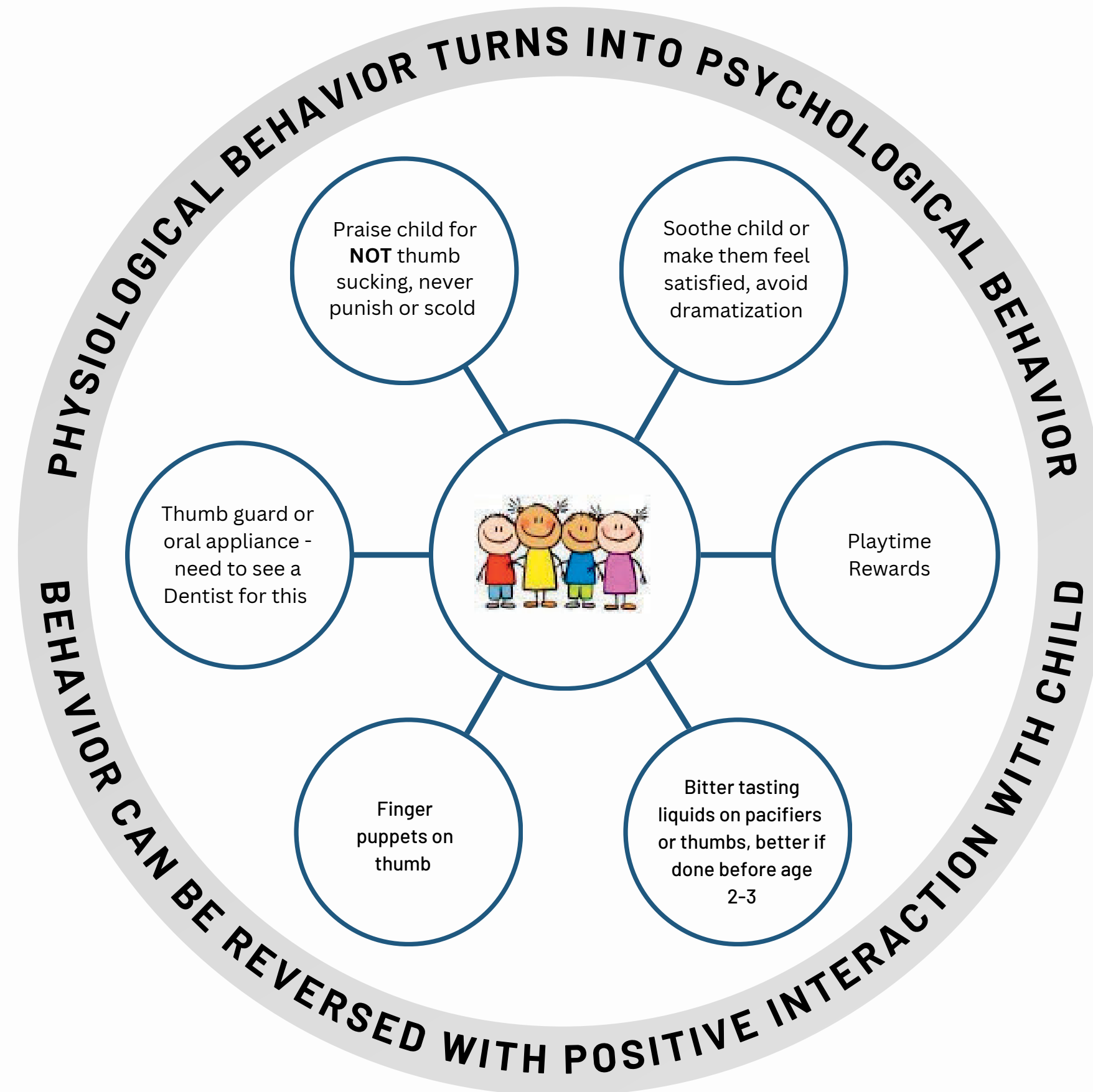
Mouth breathing does not allow for natural filter from germs like the nose does. Thumb sucking habit can cause mouth breathing/sleep apnea

Decreased Facial Growth

Nasal breathing allows for facial growth, mouth breathing does not

Speech Problems

Changes in the way our upper teeth fit with our lower teeth make speech sounds and thumb sucking alters the fit



Expensive Dental Treatment

Braces are expensive and the cost is not always fully covered by insurance, not to mention the commitment by the child to keep their mouth clean

Chewing issues

The tongue plays an important role in chewing of food, and it rests on the floor of the mouth verses the palate

Baby Teeth Verses Adult Teeth

Baby teeth keep the foundation for the adult teeth, and when the foundation is faulty, the adult teeth may become faulty too resulting in teeth malpositioned and difficult to keep clean